

Breakfast

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Muffins or Cereal/Cereal Bar, Juice, Fruit & Milk	2
3	4	5 Pancakes or Cereal/Cereal Bar, Juice, Fruit & Milk	6 French Toast or Cereal/Cereal Bar, Juice, Fruit & Milk	7 Waffles or Cereal/Cereal Bar, Juice, Fruit & Milk	8 Muffins or Cereal/Cereal Bar, Juice, Fruit & Milk	9
10	11 Mini Cinnis or Cereal/Cereal Bar, Juice, Fruit & Milk	12 Pancakes or Cereal/Cereal Bar, Juice, Fruit & Milk	13 French Toast or Cereal/Cereal Bar, Juice, Fruit & Milk	14 Waffles or Cereal/Cereal Bar, Juice, Fruit & Milk	15 Muffins or Cereal/Cereal Bar, Juice, Fruit & Milk	16
17	18 Mini Cinnis or Cereal/Cereal Bar, Juice, Fruit & Milk	19 Pancakes or Cereal/Cereal Bar, Juice, Fruit & Milk	20 French Toast or Cereal/Cereal Bar, Juice, Fruit & Milk	21 Waffles or Cereal/Cereal Bar, Juice, Fruit & Milk	22 Muffins or Cereal/Cereal Bar, Juice, Fruit & Milk	23
24	25 Mini Cinnis or Cereal/Cereal Bar, Juice, Fruit & Milk	26 Pancakes or Cereal/Cereal Bar, Juice, Fruit & Milk	27 French Toast or Cereal/Cereal Bar, Juice, Fruit & Milk	28 Waffles or Cereal/Cereal Bar, Juice, Fruit & Milk	29 Muffins or Cereal/Cereal Bar, Juice, Fruit & Milk	30
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